

## WJH Daily Announcements - January 21st - Day Cycle 4

STUDENTS NEED TO REMEMBER TO BRING A MASK TO SCHOOL.

STUDENTS NEED TO BRING THEIR CHROMEBOOKS TO SCHOOL EVERY DAY.

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WJHS Cheer invites our school community to their first cheer competition, the Indian Rumble, at Ketcham High School tomorrow! Doors open at 11:00am! Admission is \$10, \$7 for students, military, first responders and senior citizens with ID. Under 3 is free. Food trucks and concessions will be available for purchase.

Please note... WJHS students will not be admitted without a supervising adult.

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Congratulations to our Girls Basketball team and Coach Opitz on their recent big wins on Friday against John Jay Cross River and Tuesday against North Salem - Way to Go Ladies!!!

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Congratulations to the Rotary Club Student of the Month for January, Eva Adams!

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The District has locked those students who have not submitted a Computer User Agreement - if your child is one of these students, please click link below to submit this agreement form and their account will be re-opened.

<https://sites.google.com/wcsdny.org/studentaup/student-computer-user-agreement>

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Winter Sports Pictures are Thursday, 1/27, after school. This is the link to pre-order pictures:

<https://vando.imagequix.com/g1000910315>

After picture day there will be a separate link for each student that will be sent to parents. That link will be attached to their image and so they **can't** share it.

Please contact Mrs. Biegun in Room 244 with any questions. [lisa.biegun@wcsdny.org](mailto:lisa.biegun@wcsdny.org)

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**If your child lost a Hyland jacket, please contact the Main Office.**

**WINTER SPORTS THIS WEEK:**

Good luck to our Boys Basketball home game vs. Mahopac - Game Time is 4:45 pm today.

**FROM THE HEALTH OFFICE:**

New Online Covid-19 Resource & Information for our Families from the Superintendent, Dr. Bonk:

<https://www.wappingersschools.org/Page/33897>

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**FROM THE LIBRARY:**

"Students, please check your school emails for overdue library notices. Any questions, stop by the library and see Mrs. Green."

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**CLUB INFORMATION:**

**FROM STUDENT GOVERNMENT:** Attention all students!! Student Government is sponsoring a Black History Month Art and Essay contest for the month of February, 1-18 - You have a choice:

- 1) Draw a piece of artwork pertaining to the civil rights movement of the 60s or
- 2) Write a one-page essay of Dr. King's legacy. Winners will receive a gift certificate/pass for two to attend the Poughkeepsie Galleria, Regal Theater! Please submit your work to Mr. Ramirez @ M-11 by Feb. 18, 2022.

**DRAMA REHEARSAL SCHEDULE FOR JANUARY -**

- 1/22 - Full Cast 9:00 am - 12:00 pm - Auditorium
- 1/25 - 2:30 pm - 4:00 pm - - Auditorium
- 1/26 - 6:00 pm - 8:00 pm - Auditorium

1/27 - Full Cast 2:30 pm - 4:00 pm - Room M-10

1/31 - 6:00 pm - 8:00 pm - Auditorium

**JAZZ BAND SCHEDULE:** from 2:25 pm to 3:45 pm in the Auditorium

January 27 February 3, 10, 17 March 10 & 31

February 17 - will be a 4:00 pm concert "Afternoon of Jazz"

**FEBRUARY 24 & MARCH 3, 17 & 24 - NO REHEARSALS**

**FROM PRIDE CLUB:** Every year, in connection with Dr. Martin Luther King's birthday, schools across the country recognize "No Name Calling Week." It is a time for us to think about the power of our words. Can you rise to the challenge and go through the whole week without name calling? Watch for ways to participate all week long.

**EXTRA MATH HELP 8<sup>TH</sup> GRADE**

Monday afternoons - Room 144 w/Ms. Price

Tuesday afternoons - Room 140 w/Ms. Marold

Wednesday afternoons - Room 140 w/Ms. Bush

Thursday afternoons - Room 130 w/Mrs. Conklin

Friday morning extra help will be at 6:45 am with Mrs. Nevel

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**7<sup>th</sup> Grade Homework Help w/Mrs. Liberta & Mrs. Milanese**

Students are able to stay after school in Room 206 or they can join the Google Meet - the code is: jb75vomRoom 206

February: 2/1 and 2/8

March: 3/8 and 3/22

April: 4/5 and 4/19

May: 5/10 and 5/31

**WJH PTA MESSAGE:**

Yearbooks are on sale. The site is now active and yearbooks can be purchased for \$35.

<https://link.entourageyearbooks.com/my/WJHS2022>

8<sup>th</sup> grade baby pictures - there is still time to submit your baby pictures for the yearbook.

Submit pictures to this link: [Wearewappers@gmail.com](mailto:Wearewappers@gmail.com)

Next PTA Meeting is January 26<sup>th</sup> at 2:30 pm - virtual meeting.

Here is the link: WJH PTA Meeting

Wednesday, January 26 · 2:30 - 3:30pm

Google Meet joining info

Video call link: <https://meet.google.com/xeq-ufmd-cxd>

Or dial: (US) +1 315-612-2450 PIN: 749 295 630#

### **FROM MAIN OFFICE:**

All school notes (absent/early dismissal/late or tardy/pick up at dismissal) must be handed into 1<sup>st</sup> period class teacher at the beginning of class each day. Teachers will place notes in folders on the classroom doors for pick up.

Notes can be emailed to: [carol.naughton@wcsdny.org](mailto:carol.naughton@wcsdny.org)

### **CELEBRATE NATIONAL DAY OF JANUARY:**

TODAY: National Hug Day or National Hugging Day occurs on January 21st and is officially recognized by the United States Copyright Office, but is not a public holiday.

The purpose of the day is to help everyone show more emotion in public. The only way to celebrate the day is by offering a hug to anyone and everyone you want. While National Hug Day and the Free Hugs Campaign share many similarities, there is not an association between the two.

Whether you hug a family member or a stranger, the mental and physical health benefits are the same. From the day we are born, hugs or touch improve our sleep. Hugging, like [cuddling](#), releases oxytocin. On its own, this hormone provides tremendous health benefits. Not only does it give us feel-good hormones, but it reduces pain. Receiving a hug helps reduce stress, lowers blood pressure, and lowers the risk of heart disease. It also

eases anxiety. So, let's celebrate by Giving someone a big hug. Or, if you need one, ask for a hug and reap the benefits. You can also give a mental hug. Let someone know you care by sending warm, cheerful words of encouragement to those in your circle. Boost their joy by letting them know how much they mean to you with a verbal hug until you can give them the real one.

Thank you.

Remember...WE ARE WAPPINGERS !!